

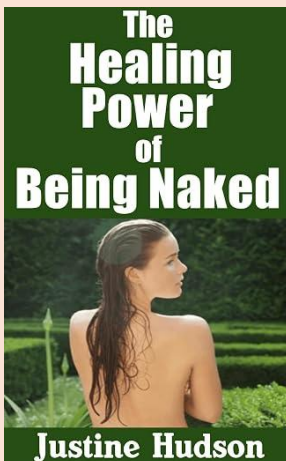
My Naturist Journey

Having been brought up in a nominal Anglo-Catholic family, and encouraged by my mother to join our local Church youth group run by some Christian neighbours, I came to faith in my mid-teens at a Billy Graham Rally - 1965.

As I had red hair and a very pale skin (from my Scottish Grandmother), I could not enjoy much exposure to strong sunlight. Although our family ethos was not body-friendly, however, during the 1976 heatwave, I began to sleep nude, just to keep cool, but then couldn't go back to pyjamas! However, when I reached my 60s, my hair turned white and strangely my skin was then able to tan (or was it overlapping freckles).

In 2011 whilst on a holiday in the New Forest, my wife and I were cycling along a gravel path and stopped for lunch in a clearing. I was soaked with perspiration and took off my clothes to hang on the bike to dry out. The sensation of the sun and drying breeze on my naked skin felt wonderfully freeing, and walking around the clearing was one of those Wow! moments.

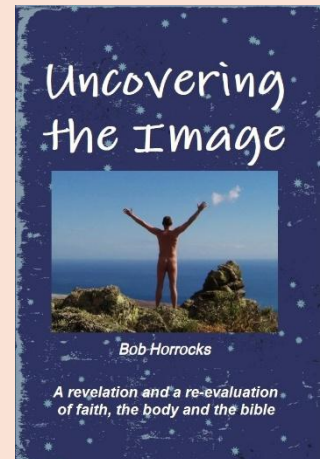
A few years later on Studland beach in Dorset and then at Strete Gate beach in Devon, I again took off my clothes to enter into the spirit of naturism - once more experiencing a wonderful sense of freedom and "coming home". There were no feelings of embarrassment or discomfort in the company of other naked people.



In the meantime, at home, I began to spend more time naked in the house and then in the garden - especially in quiet times of scripture reading, prayer and reading Christian books. The warmth of the sun spoke to me of the sunshine of God's love and the breeze of the Holy Spirit - being completely open to God - not hiding anything.

I have also read a range of Christian Naturist Books (Bob Horrocks, Adam Frost, David Hatten, Justine Hudson) and connected with websites which have helped me feel comfortable with the combination of Christian Faith and Naturism - created in God's image; naked and unashamed.

My wife is OK with this, although (as yet) has not joined me in outdoors nudity despite also sleeping nude during hot weather and feeling able to wander around the house before getting dressed. I think I came across Christian Naturist Fellowship from a Google search for Christian Naturism - having seen Bob Horrocks' Channel 4 video.



Andrew

<https://cnfellowship.org>

See next page for reference material

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Helpful Websites

Christian Naturist Fellowship	https://cnfellowship.org
Naturist and Christian Friends	https://ncfcommunity.org
Naked and Unashamed	https://nakedandunashamed.org
Blog – Aching for Eden	https://achingforeden.wordpress.com/blog/

Helpful Books

Justine Hudson's Channel on Amazon:

<https://www.amazon.co.uk/stores/Justine-Hudson/author/B0DGXMQWD7/>

Three books by **David L Hatton**

- <https://www.amazon.co.uk/Who-Said-You-Were-Naked/dp/1976485568/>
- <https://www.amazon.co.uk/Meeting-River-Tale-Naked-Truth/dp/1490386653/>
- <https://www.amazon.co.uk/MUSE-Naked-Truth-Poses-Again/dp/B09PK7KKS6/>

(From David's books, I recommend you read "Who Said You Were Naked" first)

Adam Frost

- <https://www.amazon.co.uk/Christian-Body-Modesty-Aaron-Frost-ebook/dp/B07DMHYCFS/>

Revd. Bob Horrocks is a retired Anglian Vicar and former Leader of Christian Naturist Fellowship. His book, "*Uncovering the Image*" is easy to read and is available either a free download from the Christian Naturist Website or via Amazon.

- <https://cnfellowship.org/wp-content/uploads/2012/01/a5-cover-2nd-edn.pdf>

